

Issue 48
May — June 2024



West Row Parish Echo



Useful Information

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 - **Printed By: riverside-print.com**
- NEXT ISSUE: Published July 2024**

Dates for your Diary

*If there is anything you would like included here for future issues:
 contact Helen Webber
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MAY 2024

Saturday 4th Men's Breakfast Baptist Chapel 8 am
 Saturday 18th BBQ The Shed 1 pm (Weather permitting)
 Saturday 18th Military Wives Club Choir St Peter's 7 pm
 Tuesday 21st Community Lunch Baptist Chapel 12.30
 Saturday 25th Bingo West Row Bowls Club 7—7.30 pm
 Friday 31st Fish & Chip Lunch Village Hall 12.30 pm

June 2024

Saturday 1st Men's Breakfast Baptist Chapel 8 am
 Thursday 6th Raising of Flag of Peace Bowls Club 9 am
 Artefacts for DDay Bowls Club 6pm onwards
 Tribute at the Village Beacon 9 pm
 Village Beacon will be lit 9.15 pm
 Saturday 8th Knighthales West Row Bowls Club 8 pm
 Tuesday 18th Community Lunch Baptist Chapel 12.30
 Friday 28th Fish & Chip Lunch Village Hall
 Saturday 29th Bingo West Row Bowls Club 7—7.30 pm

Our deadline for

July/August 2024 is: 15th June 2024

Please email Helen Webber at
helen.webber60@gmail.com

Useful Phone Numbers

- ◆ Emergency for Police, Fire, Ambulance 999
- ◆ Police (Non-emergency) 101
- ◆ A & E (Addenbrooke's) 01223 217118
- ◆ Addenbrooke's Hospital (Cambridge) 01223 805000
- ◆ Newmarket Hospital 01638 558400
- ◆ West Suffolk Hospital (Bury St Eds) 01284 713000
- ◆ The Market Cross Surgery- Mildenhall
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- ◆ Reynards Surgery—Red Lodge
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- ◆ Electricity Potential Hazards 0800 404090
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- ◆ Mildenhall Hub 01284 757473
- ◆ RAF Mildenhall 01638 545555

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Teressa Gooch Taylor-Balls	
June Goodenough	
Alan Goodenough	
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Martin Connery	
Sally Knight	
Sharon Vale	Parish Clerk

Contact details: Westrowpc@gmail.com

West Suffolk District Councillors

Mick (Michael) Bradshaw
 Don (Donald) Waldron

The Parish Echo editorial team takes no responsibility for endorsements of, or statements made in published adverts which are accepted in good faith. However, we reserve the right to refuse any advertisement, article, or item that we feel is considered inappropriate for publication.

A note from the EDITOR

Welcome to the latest edition of the West Row Echo.

It is hoped you will have time to read through the whole publication.

On pages 10 & 18 are details on how the 80th. D Day Anniversary will be celebrated in the village.

It also worth reading an update from the Parish Council on page 11.

If you are green fingered or thinking about growing things in your garden there are many tips from 'Around the Allotments' on page 16.

On page 15 it is worth noting that the 2024 Suffolk County indoor bowls singles champion comes from West Row Bowls Club and he is young! Not all bowlers at the Club are OAPs! It is a sport that all ages 8-80+ can participate in.

Lastly, my thanks go to those businesses who pay to advertise in the ECHO. Your support is of paramount importance in enabling the magazine to be produced.

Best Wishes,

Peter Rolfe Editor

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Winter Quiz answers Missing from the Last Edition

1. Pussycat Dolls. 2. Bonnie Tyler. 3. George Ezra. 4. Ariana Grande. 5. Elbow. 6. Pink. 7. Madness. 8. Bob Marley. 9. Fleetwood Mac. 10. Pet Shop Boys. 11. Sister Sledge. 12. ABBA. 13. Taylor Swift. 14. Swinging Blue Jeans. 15. Adam and the Ants. 16. Status Quo. 17. Dizzy Rascal. 18. Destiny's Child. 19. Boney M. 20. Radiohead

Early Spring Quiz answers

1. Philadelphus 2. Primrose 3. Hollyhock 4. Heather 5. Camellia 6. Pine 7. Malus (blooming crab) 8. Larch 9. Eucalyptus 10. Busy Lizzie 11. Nicotiana 12. Hebe 13. Marigold 14. Holly 15. Acer (Japanese maple) 16. Plumbago 17. Stock 18. Campanula 19. Lavender 20. Christa

Five entries were received with nobody having all the correct answers. Sorry It proved to be difficult for many!

The winner was Pamela Martin, c/o West Row Bowls Club.

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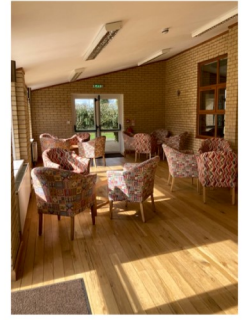
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FRI 12.30pm

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Rosalind_hamill@yahoo.co.uk**

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18th May 2024

7pm

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100 Club News

REMINDER - That you annual subscription is due for the 100 Club.

Payment can be made either by Direct Debit or Credit to the Parish Council

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Thank you

THE SHED

BBQ 1 p.m.

Saturday 18th May

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NEWS FROM YOUR COUNCILLORS AND COMMUNITY OFFICERS



District Councillor Mick Bradshaw
Mick.bradshaw@westsuffolk.gov.uk



District Councillor Don Waldron
Don.waldron@westsuffolk.gov.uk



Colin Noble
Suffolk County Council Councillor for Row Heath Division
Tel : 07545 423795
Email; colin.noble@suffolk.gov.uk
See report below



Youth Worker/Director and Researcher
Jordan Millward BSC, MSC
Call 07771 621038
Email: jkmillward@askjordon.co.uk
See report below

No Reports this edition from the Councillors or Community Officers

West Row Bowls Club Presents
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Commemoration
Saturday 8th June

 8pm - 11:00pm
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Parish Update – May— June 2024

Neighbourhood Plan

Our Neighbourhood Plan is almost ready to submit for draft approval. For those who are unaware what the plan is, in simple terms, it is a formal plan that when approved, will lay out where development could be allowed and areas of the village where no development can be considered as they are areas that need to be protected.

New Defibs.

We are in the process of agreeing locations for 2 more Defibrilators located around the village. These locations are being investigated now, and if anyone has a particular site they can suggest please contact the Parish Clerk.



Judes Ferry

The Judes Ferry has reopened and the new team operating this public house and restaurant (the last pub in the village) are very keen to be part of the community. We wish them well with this new venture and hope this business goes from strength to strength.



Litter Pick 6th April.

Once again we had a great turnout of volunteers to walk round our village collecting litter and many other things dumped in the grass verges. This year we were pleased to have PC Sampher and some of the police cadets join us. Thankyou to all you volunteers for helping to keep our village as we would like it.



Future Events.

D Day 6th June.

We will be raising the Flag of Peace at the flag pole at the Bowls Club at 09:00 on the 6th of June. As part of the act of Remembrance and Respect, we will be lighting our Village Beacon at 9:15 pm. after a reading of the Tribute and the laying of a wreath at the beacon. (the wreath will then be moved to the War Memorial.) Come and join us.

The Bowls Club will be hosting on our behalf, a pop-up museum with a display of artefacts and pictures in relation to D Day, in particular the role of the RAF on D Day, Open from 6 pm on Thursday 6th of June.

It was very sad news when we learnt of the passing of Terry Waters. Terry has been a staunch supporter of West Row for many, many years, from Parish Councillor through to County Councillor. Mildenhall Speedway promoter and supporter of numerous local charities. He also took care of maintaining our public verges which helped both pedestrians and motorists alike.

Our thoughts and prayers are with his family.

Alan Fisher
Acting Chair West Row Parish Council

DOWN THE SHED May—June 2024

theshedcharity@gmail.com

DID YOU KNOW: The Shed is a Registered Community Asset AND we have also been nominated for inclusion in the Draft Neighbourhood Plan as a recognised Green Space ?

Well there you go. So what does that mean to you and me ?

Parishes register places and buildings they believe the community would miss if they were no longer there. That those facilities enhance the health and well-being of the Parish and form a bed-rock for our village.

Residents are welcome to enjoy and use our facilities all FREE of charge. But in particular – we are keen that our BIG CIRCLE is used.

So if you have a birthday party coming up – but your garden is a tad too small – then reserve the Big Circle for your event.

We have already received fantastic interest and even a WEDDING is planned for this summer. How lovely is that ?

WHAT WE HAVE BEEN DOING

over the cold, grey winter months?

Lots as it happens

Our Pump House is now complete, thanks to Michael's design and hard work. Isn't it cute?



RAISED BEDS: For those less flexible. These are for you. All ready for planting. Come along and give them a try. Wheelchair friendly with long handled tools.

Does this look like a dumping ground? It was - soon to be transformed into our latest project. More storage for our equipment which will free up an existing space for our garden furniture.

Which, by the way needs painting if anyone fancies a little job.



BBQs: Remember our initial BBQs? Well they WILL happen again – real soon. We've had a few health issues, holidays and busy working on many projects. BUT, we want to invite everyone to see our facilities and maybe join us. It's not all about gardening



The Big Circle

Have you heard about : **Rich's Man Club.?**

They meet in our Tea Room every Thursday evening, from 7.30pm.

Chatting, painting, building things, or simply taking time out to drink coffee and smell the roses Watch this space for a def. date



All (men) welcome to share experiences. Contact Richard Fleet FMI. Who knows, they may be tempted to flip a few burgers

VOLUNTEERS NEEDED: Not only working in and around our gardens – but driving to collect surplus food from supermarkets in order to help supplement provisions for families in need.

It is therefore sad to constantly witness greed and selfishness from a small minority of patrons at Little Shed. Recently two (2) – yes TWO crates of Garlic were taken within minutes of them being put out. WHY? Pure greed. They may have put in a very generous donation – we'll never know. BUT their action took away other's opportunity to have a few for themselves. So AGAIN, we ask that you do not stand by and witness these acts of greediness but to ask politely WHY are they taking so much and perhaps explain the food made available is for anyone to take a little – NOT one person taking the lot.

If you could help with our collections, please leave your email with Roz for further details. Usually, evenings but some daytime slots are available.

Thank you.

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WEST ROW BOWLS CLUB NEWS

The Club's Indoor season has now finished with a successful finals weekend held over 6th & 7th April.

Winners were: Daniel Moss (Champion of Champions, Club Singles and Mixed Pairs with Ashley Moss); Linda Flack (Ladies Singles); Billy Seaforth (First Honours); Barry Bullock & Mick Orford (Men's pairs) Linda Wright & Lynne Papworth (Ladies Pairs)

The Wednesday evening coaching sessions will continue during the summer months for people who wish to bowl indoors on the carpet or outdoors on grass. Although the game remains the same different skills need to be developed for each surface played on.

As a reminder coaching is provided each Wednesday 6.30 p.m. - 8.00 p.m. Any one interested in taking up the sport of bowls is offered their first five coaching sessions free of charge. Following this, new members can join as a Social / Beginner at a cost of £18.

Some members have given a great deal of time voluntarily in preparing the outdoor green for the summer season, and volunteers are always welcome to help cut the grass and trim the edges each week during the season.

The Club competes in both Suffolk and Cambridgeshire league matches each week. The afternoon league matches are on a Monday and Friday and the evening league matches are on a Tuesday and Thursday. Also, the Club competes in various county cup and shield competitions as well as several friendly matches against local clubs and a few further afield. Beginner bowlers are encouraged to play in the friendly matches to gain experience.

The Club also organises monthly Bingo sessions and other social events. Look out for further details in the ECHO publication and on the West Row Bowls Club Facebook page.



The club would like to congratulate Daniel Moss for winning the Suffolk County Men's 4 Wood Singles at Ipswich on 13th April.

A well deserved win.

For information regarding any aspect of the club please contact Club Coach, Peter Rolfe, tel: 07501 640328 or email:

peter.rolfe3@btopenworld.com

AROUND THE ALLOTMENTS IN MAY AND JUNE



The spring months have been similar to last year with cold and very wet weather preventing the chance to get ahead for the growing season to come. Hopefully, in late spring and the beginning of summer, the weather will have improved and everyone will have been able to make a good start on the allotments.

May is a good time to set seeds such as winter cabbage, broccoli and brussels sprouts into trays ready to transplant at the end of May/beginning of June in time for the winter period. Seedlings that have already been started in the greenhouse or on window-sills should be planted out soon and it's helpful to keep the seed packets to hand as they can contain a lot of useful growing information. Seed potatoes should already be in the ground with the early varieties ready to harvest in June for tasty new potatoes. For some reason, the weather that we've had seems to have agreed favourably with the asparagus plants which have started to push through a lot earlier than usual, so should be cropping by the beginning of May.



New Potatoes with mint

This month can also see produce such as early sown cabbages, rhubarb and some salad leaves harvested if the weather has been kind. Everyone who has rhubarb plants set should already be enjoying this versatile fruit which makes lovely crumbles, jam, desserts and chutney.

For any young plants that are already set in the ground it's a good idea to keep a close eye on them, making sure they are watered and weed free, whilst remembering that there is still the possibility of ground frosts. Make sure to cover susceptible plants with fleece or a protective covering of some other sort. As long as the late frosts have stayed well away, it should be a good year for fruit bushes and trees which have been full of blossom this year.

Runner bean plants can be set outside for cropping in July and August but, before they go in, building a frame for the plants to climb will both help to support them and make picking easier too. By mid-May it's a good idea to plant pumpkin seedlings into the ground for an October harvest in time for Halloween.



Runner Bean Frame

Crops such as carrots, beetroot, tomatoes should be planted out by the end of May and it's also time to sow seeds such as French beans and cucumbers under glass ready for planting in June. It's worth mentioning Chairman Alan's tip from last year for starting off sweetcorn and runner bean seeds: using toilet roll tubes three-quarters full of compost with a seed set in each and topped up with compost. Keep well-watered and when the plant is about 6 to 9 inches high just plant the whole tube into the ground.

Come June it will be time to harvest crops such as radishes, broad beans, peas and salad vegetables but it is also time to stop cutting the asparagus so that the plants will thrive well again for next season. Strawberries will also be ready by June and it helps to try and keep the birds away from crops and both netting and bird scarers can help with this. Planting flowers such as lavender helps to attract bees which in turn aids pollination whilst giving colour and fragrance at the same time.



Radishes

As the summer months progress, pests such as greenfly, cabbage white caterpillars and carrot fly can become a nuisance and it's a good idea to keep a close eye out for any signs that plants may be affected. Alan's tip for broad beans is to spray the plants with soapy water to prevent greenfly and blackfly taking a hold. Organic sprays, such as a homemade garlic Infused spray, can be used as general pest deterrent if you prefer not to use insecticides/pesticides on the fruit and veg. Finally, as always, it's important to keep the allotment as clean and weed free as possible giving the plants the best chance to grow and produce a good harvest.

Fingers crossed for a good summer, warm weather and a good growing season for everyone.

St Peter's Church West Row



CONTACTS:

Team Vicar: Rev'd David Butcher

Tel.: 07747 816 038

Email: revdavidbutcher@gmail.com

Other priests serving at St Peter's:

Rev'd Gordon Anderson and

Rev'd Gill Anderson

Churchwardens: Beryl Austin 01638 712708 - Debbie Eaglen

Elders: Tricia Leverington - David Sennitt

Vicar's Letter

I think when I last wrote for the Echo in April last year I explained that St Peters Church was about to enter into a period of vacancy. This was as a result of the retirement of Revd David Everett who had very kindly 'stood in the gap' for the previous two years, coming out of his own retirement to cover the gap.

Well, 12 months on and I have good news for the Lark and Lee group of parishes, of which St Peter's West Row is a part. (The others being; St Mary's, Barton Mills; All Saints, Worlington and St Andrews at Freckenham).

An appointment has been made for the Lark and Lee Group and Revd. Mark McCraughey has been offered and has accepted the position of Team Vicar covering the group. Mark will live in the Vicarage at Barton Mills and his licensing and induction will take place in St Marys, Barton Mills at 7.30pm on Wednesday 19th June 2024. All will be welcome to attend. We look forward to welcoming Mark as he moves to Suffolk from his current post in Norfolk. It will be really good for West Row and the other churches to have a settled period with a new minister.

I also have to offer a great deal of thanks to the 'anonymous donors' of a great deal of hard work in the churchyard at St Peters. On Easter Sunday morning the congregation were greeted by the outside of the church having been tidied to an excellent standard with gravel being added to the front path access to the church and the car park entrance which had become very muddy given all of our recent rain.

On behalf of the Parochial Church Council; the congregation of St Peters Church and no doubt the rest of the village too, may I offer a huge heartfelt 'thank you' for all of your hard work in making the church look so much more inviting.

(You know who you are! Thank you!)

If you have any church related queries prior to Mark's arrival, please feel free to contact me.

Revd David Butcher – revdavidbutcher@gmail.com

D DAY Remembrance June 2024



Thursday 6th 9 am.

We will be raising the Flag of Peace at the Bowls Club Flag Pole

Thursday 6th 6 pm.

The Bowls Club will be hosting a pop-up museum with a display of artefacts and in relation to D Day, in particular the role of the RAF on D Day.

Thursday 6th 9 pm.

The Tribute will be read and a wreath will be laid at the beacon.

9:15 pm. the Village Beacon will be lit.

(the wreath will then be moved to the War Memorial.)

Saturday 8th doors open 7 p.m

The Bowls Club host an evening with the Knightingales

(Ticketed event (£10), please contact the Bowls Club) *See Page 10 for details*

Come and join us in these acts of remembrance and respect.



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From the Pastor's Desk

evan@westrowbaptistchurch.org.uk

There was a young lady who once attended a rock concert at which one young man, was attacked by another. No one made an attempt to stop the beating. The next day she was struck dumb to learn that the youth had died as a result of the pounding. Yet neither she nor anyone else had raised a hand to help him. She could never forget the incident or her responsibility as an inactive bystander.

Some years later, she saw another catastrophe. A car driving in the rain ahead of her suddenly skidded and plunged into a river. The car landed head down in the water with only the back end showing. In a moment a woman appeared on the surface, shouting for help and saying her husband was stuck inside.

This time the young woman waited for no one. She plunged into the water, tried unsuccessfully to open the car door, then pounded on the back window as other bystanders stood on the riverbank and watched. She pleaded with them, asking for help, telling them there was a man dying in the car. First one man, then another, finally came to help. Together they broke the safety glass and dragged the man out. They were just in time -- a few minutes later it would have been all over.

The woman thanked her for saving her husband, and she was elated, riding an emotional high that lasted for weeks. She had promised herself that she would never again fail to do anything she could to save a human life. She had made good on her promise.

In a very similar way, those who are real Christians do not want to see anybody suffer the consequences of not believing in the Lord Jesus. For those who don't believe, their eternal destiny is too terrible to imagine and that is why Christians knock on doors, put leaflets through letterboxes and speak about the Lord Jesus and how people can be saved from their sin. It's not to build up a huge following here on earth, to get people to come into their churches or to get them to give money to their ministries. Unfortunately, there are charlatans who masquerade as Christians to con people into following them and donating to their cause. However true Christians speak out about their faith because they know that the only way to get right with God is through the Lord Jesus Christ and not through trying to be good.

Christianity is not about obeying a whole lot of rules! It's about having a personal relationship with Jesus and getting to know Him and love Him.

A husband and wife didn't really love each other. The man was very demanding, so much so that he prepared a list of rules and regulations for his wife to follow. He insisted that she read them over every day and obey them to the letter. Among other things, his "do's and don'ts" indicated such details as what time she had to get up in the morning, when his breakfast should be served, and how the housework should be done. After several long years, the husband died.

As time passed, the woman fell in love with another man, one who dearly loved her. Soon they were married. This husband did everything he could to make his new wife happy, continually showering her with tokens of his appreciation. One day as she was cleaning the house, she found tucked away in a drawer the list of commands her first husband had drawn up for her. As she looked it over, it dawned on her that even though her present husband hadn't given her any kind of list, she was doing everything her first husband's list required anyway. She realized she was so devoted to this man that her deepest desire was to please him out of love, not obligation.

Jesus loves the world so much that he was willing to die for all those who come to him, repent of their sin and trust in Him to make them right in God, the Father's eyes. Christians realize that Jesus has done so much for them that they want to do the things that make Him happy because



From the Pastor's Desk Continued

they love Him.

Nobody is good enough to be seen as righteous in God's eyes. God demands perfection because He is perfect in every way. But He's also perfectly loving and that is why He sent His Son, who is perfect, to atone for the sins of those who aren't, us!

Our greatest desire here at West Row Baptist Church is to please God and to see His name honoured and glorified and that is why we tell people about Jesus! Jesus tells us in the Bible in John 14:6, "***I am the way, and the truth, and the life. No one comes to the Father except through me.***" Do you want to go to heaven one day? If you answer in the affirmative, why not come along to one of our Sunday services, our community lunch, our men's breakfast or our Wednesday evening meeting and find out more about the only One, the Lord Jesus, who can ensure you get there.

Every blessing to you and your family.

Evan

Jesus said, "I am the way, the truth and the life." John 14 v 6

A Heartfelt Thank you

I would like to thank June and everybody at the Shed for the food parcels. I am really grateful for your help.

I would also like to thank Steve and Sarah at the Village Shop for their kindness, Patience and Understanding.

Thanks to all concerned

Ian Cocksedge

Would you love to fall asleep easily
and wake up refreshed?

Light, gentle
Yoga for
Sleep

Weekly class starting
Monday 18th Mar at 7.30pm at
West Row Village Hall.

For more details please contact Rob:
0797 664 5554 | rjs14@duck.com

100 Club Winner

Congratulations to this time's winner
Number 144 - Liz and John Walter £64.00

For Further information or to join, contact
Sharon The Parish clerk
westrowpc@gmail.com



BINGO NIGHT
WITH MERV

West Row Bowls Club

Saturday 25th May
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle proceeds to -

because you matter
St Nicholas Hospice Care

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BINGO NIGHT
WITH MERV

West Row Bowls Club

Saturday 29th June
7:00-7:30PM

**GREAT PRIZES!
FUN FOR ALL!**

Licenced Bar - Raffle

for more details - Ring 01842 861618

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The Village is pleased to welcomes back
The Judes Ferry



LACONS **UNS**

Judes Ferry

BEEERFEST

24TH - 27TH MAY 2024

"IT'S BACK! AND BEER-ER THAN EVER!"

IN PARTNERSHIP WITH

LACONS

LATE SPRING / EARLY SUMMER QUIZ 2024

All answers are games / sports

e.g. These can come through windows and doors (8) ANS - DRAUGHTS

- 1. Sounds like a pizza provider ?(8) ANS.....
- 2. Could be tiny eye movements? (11) ANS.....
- 3. The lowest level with this sphere? (8) ANS.....
- 4. Sounds as if it belongs to this past president? (6) ANS.....
- 5. Could be people in loud disagreement?(6) ANS.....
- 6. A Warwickshire town with three nautical miles? (5,6) ANS.....
- 7. The object is to mate?(5) ANS.....
- 8.The 2nd. largest US state is said to hold the popular version? (5) ANS.....
- 9. These tongs are of no use on this sheet? (7) ANS.....
- 10. You may need this chocolate bar after finishing this? (8) ANS.....
- 11. 666 is the total number in this game? (8) ANS.....
- 12. Chef's cant use this type for mixing? (5) ANS.....
- 13. A bit of architecture with a mixed up grain? (7) ANS.....
- 14. The rate at which something moves on a track? (8) ANS.....
- 15. Can be called French 21? (9) ANS.....
- 16. Old Mrs. White has been transformed into Dr. Orchid now? (6) ANS.....
- 17. You'll win if you throw, pin or master?(4) ANS.....
- 18. This bridge floats? (7) ANS.....
- 19. An alternative to rambles? (7) ANS.....
- 20. The aim is to own everything? (8) ANS.....

NAME OF ENTRANT.....

ADDRESS.....

Contact Tel No.....

N.B. PLEASE POST YOUR ENTRY IN THE BOWLS CLUB SILVER LETTER BOX SITUATED ON THE FENCE BY THE 26TH May 2024.

THERE IS ALWAYS A PRIZE AWARDED TO THE WINNER

“Family Fun Day”

Saturday 14th September ‘24



West Row Village Hall

1pm -5pm

**Dog Show, Bouncy Castle, Prize Draw,
Tombola, Hoopla, Kids Races,
Hook-the-Duck, Food Stalls,
PWL Dance Group, Sword-in-the-Stone,
Hoopla, Band Music**

plus

1930's style afternoon tea & cakes inside hall

****Bar will be open****

Put the date in your diary!